



The ADD-vantage
Specialist ADHD support services
Great minds think alike, brilliant minds think differently

QbCheck Information

What is QbCheck?

QbCheck is a computer software test that offers an objective measure of the core symptoms of ADHD: inattention, activity and impulsivity. Each participant is then compared to age and gender-matched control groups, with and without ADHD, generating a report on the severity of the individual's symptoms.

This is not a diagnosis but can help either 'rule in' or 'rule out' ADHD and offer some very specific information on performance that could be helpful in school/work environments, or in relationships, whilst awaiting a formal assessment.

- QbCheck measures the test taker's movements, ability to pay attention and impulse control during the test periods.
- Following the QbCheck there will be an informal discussion of the results and their implications. You will know on the day how likely it is that your 'symptoms' are those of ADHD.
- After the appointment a comprehensive written report will be supplied.

What happens during a QbCheck?

- The QbCheck appointment is between 90-120 minutes
- The appointment will start with an informal discussion to gather information to ensure the facilitator understands the client's context for the test and their present situation.
- The QbCheck is carried out in a distraction-free environment, under strict conditions to ensure a fair test.
- Each test is observed by a facilitator and all facilitators have undergone training to administer the test. It takes 15 minutes for under 12-year-olds and 20 minutes for 12- 60 year-olds

Who can request a QbCheck?

Anyone between the ages of 6-60 can self-refer for the test. Individuals who already have a diagnosis of ADHD can also self-refer for the test to get a deeper understanding of their issues, or to monitor the effects of medication.

Thank you for your interest in a QbCheck @The ADD-vantage; please do not hesitate to get in touch if you require any further information or have any questions.

Info@theadd-vantage.co.uk